

# N.E.A.C.

## Network of European Alimentary Culture

2005, September 14th - 18th

**We are what we eat**

The European Citizenship through the Alimentary Culture

*Organized in Poland by:*

- € ýód Regional In-Service Teacher Training Center
- € ýód Technical University - The Faculty of Electrical Engineering and Electronics
- € No. 47 Integrational Gimnasium

*with cooperation and support of:*

- € Socrates-Comenius Polish National Agency, Warsaw

---

**Seminar language** English

**Target Group** School staff (Teachers, Heads) from primary and secondary schools (with students of age ranging 6-18) interested in international cooperation within the Socrates - Comenius Projects based on the theme of European culture focused on the seminar topic

**Aims of the Seminar**

to contact and help teachers from European countries who wish to start cooperating with each other in Comenius 1 Projects

to inspire a creation of new Comenius 1 Project connected with the NEAC topic area

to help with filling in Comenius Projects' applications (workshops)

to present best practice of Comenius1 Project realization at schools

to present and explain how NEAC Network idea makes close interconnection between active European citizenship and different layers of local/regional identity;

**Predicted benefits for Participants**

creating partnership

projects draft

application filling in skills

deeper understanding of European Citizenship idea by realization of Socrates Comenius projects.

**Number of Participant:** 45

**Place**

Hotel Dobieszków (Conference Center) <http://www.hoteldobieszkow.com.pl>

95009 Dobra k/ Lodzi - Poland

Tel: +48 42 7109090, +48 42 7198738 Fax: + 48 42 7109240

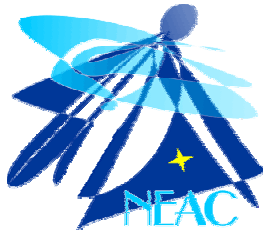
**The seminar fee** is 400 EURO (accommodation, meals and seminar materials)



Education and Culture

**Socrates**  
Comenius

[www.neac.eat-online.net](http://www.neac.eat-online.net)



# N.E.A.C.

## Network of European Alimentary Culture

### Wednesday - 14.09.2005

Arrival and accommodation in Dobieszków Conference Center  
(all participants will be taken by bus from Lodz airport or bus/train station to the Conference Center)

18.00            **informal dinner and integration meeting** (icebreaking session)  
Participants will introduce their countries and schools presenting their appropriate materials

### Thursday - 15.09.2005

9.30 -            **Opening plenary session:**  
13.00

€ Official speeches by  
**Mirosław Orzechowski** *Deputy Mayor of the City of Lodz Office*  
**Tadeusz Wojciechowski** *Deputy Director of Polish Socrates National Agency*  
**Jean-Michel Boullier** - *European Commission DG EAC - Responsible for the Comenius 3 action*

€ **Eugenia Tesoro** *NEAC coordinator*  
Presentation of NEAC idea, as well as idea of the Seminar and talking over proposals of Comenius 1 subject areas

#### Coffee break

€ **Polish expert speech**  
"How to build the European Citizenship through the Alimentary Culture"?

13.00 -            **Welcome Lunch**  
14.30

14.35 -            **Presentation of the Seminar schedule**  
14.45

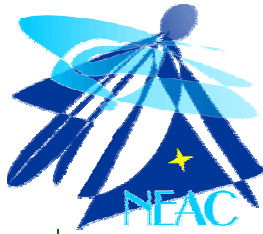
14.45 -            **Participants' introductions**



Education and Culture

**Socrates**  
Comenius

[www.neac.eat-online.net](http://www.neac.eat-online.net)



# N.E.A.C.

## Network of European Alimentary Culture

16.00 -	<b>Coffee break</b>
16.15 -	<b>Formal aspects of Comenius 1 Projects</b> <i>Polish National Agency Presentation</i> Projects subjects' areas and suggestions regarding division into working groups (teams)
17.30 - 19.00	<b>Workshops on Comenius 1 topics</b> (on posters and dividing into the working group)
19.00	<b>Dinner</b> Traditional Polish cuisine (outdoor in case of good weather). Participants will present the most interesting element of their regions' alimentary culture

### Friday - 16.09.2005

9.30 - 11.00	<b>How does it work in practice? Why is it worth to participate in Comenius Projects</b> Good practice examples Visit at school which have a big experience with Comenius 1 Projects realisation. Answers for questions: - how to involve the project in school lessons - how to work - how to involve school staff, parents, local community and local authorities - what benefits school is given and other Participants questions
11.00 - 13.30	<b>Walking alongside the Piotrkowska Street - free time</b>
14.00 - 15.30	<b>Lunch</b>
15.30 - 17.00	<b>Workshop</b> Step by step on Comenius topic and plan
17.00 - 17.15	<b>Coffee break</b>



Education and Culture

**Socrates**  
Comenius

[www.neac.eat-online.net](http://www.neac.eat-online.net)



# N.E.A.C.

## Network of European Alimentary Culture

17.15 -	<b>How to fill in an application form</b>
18.30	<i>Polish National Agency presentation</i>
18.30 -	<b>Workshop on Project and completing the application form</b>
20.00	(on paper and on the computer)
20.15	<b>Dinner</b>

### Saturday – 17.09.2005

09.00 -	<b>Workshop on Project and complete the application form</b>
10.30	Continue
10.30 -	<b>Coffee break</b>
11.00	
11.00 -	<b>Workshop on Project and filling in the application form</b>
13.00	Continue
13.00 -	<b>Lunch</b>
14.00	
14.00 -	<b>The final workshop</b>
15.30	
15.30 -	<b>Projects' draft presentation</b>
16.30	
16-30 -	<b>Coffee break</b>
17.00	
17.00 -	<b>Concluding</b>
18.00	Evaluation of the Seminar, certificates hand out
18.30	<b>Farewell dinner and social evening in úód</b>

### Sunday – 18.09.2005

Departures

More details about the programme and all useful information about trip from Warsaw airport to Lodz and to Dobieszków Conference Center will be sent directly to Participants after acceptance by National Agencies.



Education and Culture

**Socrates**  
Comenius

[www.neac.eat-online.net](http://www.neac.eat-online.net)